



Summer **PATHWAYS** DEVELOPMENT PROGRAM



School Aged Years 8 to 12



29 January 2024



159 Bundall Rd, Bundall



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www.gusprc.com.au



REGISTER NOW





PROGRAM FOCUS

- ✓ Develop Single Sculling
- ✓ Develop Crew Boat Rowing
- ✓ Technical Development
- ✓ Structured Training
- ✓ Access to Gym & Off Water Training at Shed
- ✓ Race Opportunities

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- **PROGRAM DURATION** 16 weeks, plus ongoing membership for the remainder of 2024
 - **PROGRAM COST** \$550 *Includes all coaching, annual Club membership for 2024, Club T Shirt & RQ Rego.
 - **START DATE** Monday 29 January 2024 (Training for early registrations commences from 8th January).
 - **SESSION DAYS** 2 x Sessions per week Mon to Sat (actual squad days TBC after registration).
 - **DEADLINE** Registration closes 25th January 2024.

This program will also awards opportunities to compete at the QLD State, NSW State and Australian National Championships for selected u17 and u19 athletes.



LIMITED NUMBERS
REGISTER NOW